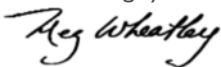


NOTES AND REFERENCES USED IN PERSEVERANCE

As you go through these citations, you may notice that I've quoted certain people more than once. These are the authors, poets and spiritual teachers who have most shaped my ideas and perspectives. I am deeply grateful to them, for their own ability to persevere and to express their experience with such profound insight and clarity. If their words inspire or intrigue you, I encourage you to seek them out via the web or through their books.



Dedication Thomas Merton. *Choosing to Love the World*. Jonathan Montaldo, editor. Sounds True Inc.: Boulder, CO, 2008, p.12.

A Prophecy from the Hopi Elders *spoken at Oraibi AZ, June 8, 2000*. I received this directly from Fireweed Eagle Woman, a “pipe carrier,” in March 2009; she had just returned from a gathering where the prophecy was again discussed. (Scanning of the prophecy is mine—this was an oral transmission with no particular form.) The Hopi people are known for many prophecies about these times which they offer as stewards of the Earth. At a presentation to the U.N. in the late 90s, the Hopi elder Thomas Banyacya said: “Hopi in our language means a peaceful, kind, gentle, and truthful people. We made a sacred covenant which includes the responsibility of taking care of this land and life for Masawa, the Great Spirit's purpose. Our goal is to pray and promote the welfare of all living beings and to preserve the world in a natural way.”

This prophecy was issued at Oraibi, Arizona, the Third Mesa of the Hopi Nation. Oraibi was founded sometime before the year 1100 AD, making it one of the oldest continuously inhabited settlements within the United States. There are many websites that contain the year 2000 prophecy. For general information about the Hopi prophecies, I found this site of value: <http://mondovista.com/thomasomillsx.html>

p. 2 “*It is not necessary to hope...*” Charles the Bold, Duke of Burgundy, 1433 - 1477.

p. 8 “*I’m making my shoulders strong...*” Lyric by Susan Osborn from “Chain of Life.” Used with permission. A remarkable voice and presence. www.susanosborn.com

p. 12 “*Ours is not the task...*” Clarissa Pinkola Estes, from “Letter to a Young Activist During Troubled Times”, 2003. See p. 128 of *Perseverance* for another passage from this letter. This is an extraordinary and moving piece--I urge you to read it in its entirety. [Download a copy of the letter \(PDF\)](#).

p. 17 “*Humans have a responsibility...*” Thomas Merton. *Choosing to Love the World*. Jonathan Montaldo, editor. Sounds True Inc.: Boulder, CO, 2008, p. 68. (I changed ‘man’ to ‘human’ to include all us women.)

p. 21 “*I was grounded in that moral fiber...*” Wangari Maathai interviewed by Krista Tippett, “Speaking of Faith”, April 30th, 2009. I encourage you to listen to the entire interview with one of the world’s great women. Podcast at: <http://speakingoffaith.publicradio.org/programs/2009/plantingthefuture>

p. 22 “*There is a vitality, a life force...*” Martha Graham. *The Life and Work of Martha Graham*. Agnes de Mille. Random House: NY, 1991, p. 264.

p. 24 “*It becomes a dark time...*” Chögyam Trungpa. Often quoted by Pema Chödrön. See similar quote in Chödrön’s book, *When Things Fall Apart*. Shambhala Publications: Boston, 1997, p. 30.

p. 27 “*There is only the fight to recover...*” T. S. Eliot. *Four Quartets*, “East Coker V”. Harcourt, Brace Jovanovich: NY, 1943, p. 31.

p. 30 “A Supernova is a stellar explosion...” F. W. Giacobbe. “How a Type II Supernova Explodes.” *Electronic Journal of Theoretical Physics* 2 (6), 2005, p. 30-38. <http://en.wikipedia.org/wiki/Supernova>

p. 34 “Anger gives the illusion of clarity...” Dzigar Kongtrul. *Light Comes Through*. Shambhala Publications: Boston, 2008, p. 18.

p. 36 “At one community meeting...” Parker Palmer. Told in a presentation and used with his permission. Parker is a remarkable teacher, author, philosopher—I have the deepest respect and love for him and what he’s offered to us through many books and his Courage to Teach and Courage to Lead programs. www.couragerenewal.org

p. 38 “Not being lost...” Laurence Gonzales. *Deep Survival: Who Lives, Who Dies, and Why*. W. W. Norton: NY, 2005, pp. 166-167, 240. Gonzales describes behavior exhibited in extreme physical situations, but I find his descriptions fit perfectly for how we behave in organizations and society in times of crisis.

p. 44 “It was like this...” Jane Hirschfield. “It Was Like This: You Were Happy.” *After*. Harper Perennial: NY, 2006, p. 92-93.

p. 46 “It is time for all the heroes...” William Stafford. “Allegiances”, *The Darkness Around Us is Deep: Collected Poems of William Stafford*. Harper & Row: NY, 1994, p. 30.

p. 50 “If you maintain a sense of humor...” Chögyam Trungpa. Spoken 1980.

p. 54 “The basic difference between an ordinary person...” Don Juan, Carlos Castaneda. I credit both Don Juan and Carlos Castaneda; Castaneda is the author who wrote about Don Juan’s teachings. Although there is controversy about whether Don Juan was a real person, I believe that he

was. *The Teachings of Don Juan*. Carlos Castenada. University of California Press: Berkeley and L.A., 1969.

p. 56 “The solution is never about fixing...” Ezra Bayda. *Zen Heart*. Shambhala Publications: Boston, 2008, p. 27.

p. 62 “Only as a warrior can one withstand...” *The Teachings of Don Juan*. Carlos Castenada. University of California Press: Berkeley and L.A., 1969.

p. 64 “This has been going on through the ages...” Buddha, in *The Dhammapada*. The Venerable Balangoda Ananda Maitreya, translator. Parallax Press: Berkeley CA, 1995, p. 64.

p. 68 “The practice countermeasure...” Ezra Bayda. *Zen Heart*. Shambhala Publications: Boston, 2008, p. 25.

p 74 “Love is the only emotion...” Humberto Maturana and Pille Bunell. “The Biology of Business: Love Expands Intelligence.” *Reflections* 1999, p. 1.

p. 80 “So let us plant dates...” Rubem Alves is a Brazilian theologian, philosopher, educator, and one of the founders of Liberation Theology. Dr. Alves is a prolific writer of books and articles in journals and newspapers on education, psychology and life in general. This quote may come from his out-of-print book *Tomorrow's Child: Imagination, Creativity and the Rebirth of Culture*. New York: Harper and Row Publishers, 1972 .

p.82 “Nothing can temper...” Don Juan, Carlos Castenada. *The Teachings of Don Juan*. Carlos Castenada. University of California Press: Berkeley and L.A., 1969.

p. 84 “The basic order of life includes all...” Chögyam Trungpa. *Shambhala: The Sacred Path of the Warrior*. Carolyn Rose Gimian, ed., Shambhala Publications: Boston, 1988, p. 133. Used with permission.

p. 86 “Who then devised the torment...” T. S. Eliot. *Four Quartets*, “Little Gidding IV”. Harcourt, Brace Jovanovich: NY, 1943, p. 57.

p. 89 “If we are able to give ourselves to the loss...” Norman Fischer. *Shambhala Sun*, September 2009, p. 42.

p. 96 Excerpt from Wallace Stevens’ poem, “The Well-dressed man”.

p. 98 “This abiding place, this state of being...” Bernie Glassman. *Infinite Circle: Teachings in Zen*. Shambhala Publications: Boston, 2002, p. 140.

p. 100 Excerpt from William Stafford’s poem, “Earthdweller”.

p. 102 Ajahn Chah story in *Small Boat, Great Mountain: Theravadan Reflections of the Natural Great Perfection*. Amaro Bhikkhu. Abhayagiri Monastery, Redwood Valley, CA, p. 67. Following the Theravada tradition of freely sharing Buddhist teachings, Abhayagiri offers a variety of teachings in book and audio form. These free distribution books and CD-ROMs can be downloaded for free, or requested by mail through the website. www.abhayagiri.org.

p. 108 “Global Warming”. Jane Hirschfield. *After*. Harper Perennial: NY, 2006, p. 62. Used with permission.

p. 112 “We can put our whole heart into whatever we do...” Pema Chödrön. *No Time to Lose*. Shambhala Publications: Boston, 2005, p. 226.

p. 114 “Human life should be like a vow...” Ezra Bahda. *Buddhadharma*, Fall 09, p. 7.

p. 116 “The essence of the false promise...” Chögyam Trungpa. *Shambhala: The Sacred Path of the Warrior*. Carolyn Rose Gimian, ed., Shambhala Publications: Boston, 1988, p. 133. Used with permission.

p. 118 “Pleasure is not a reward...” Chögyam Trungpa. This teaching is quoted often by his students.

p.122 “If we have been aware of the process...” Joko Beck. *Nothing Special: Living Zen*. Harper San Francisco, 1993, p. 117.

p. 126 “In reality there’s nothing...” John Daido Looi. *Mountain Record of Zen Talks*. Dharma Communications: Mt. Tremper, NY, 1988, p. 31.

p. 128 “In the dark time...” Clarissa Pinkola Estes. “Letter to a Young Activist During Troubled Times”, 2003. See note for p. 12.

p. 133 “Do not follow low practices...” *The Dhammapada*. The Venerable Balangoda Ananda Maitreya, translator. Parallax Press: Berkeley CA, 1995, p. 47.

p. 134 The Samurai’s Creed has many different translations. I much prefer this one.

p. 136 “I said to my soul...” T. S.Eliot. *Four Quartets*, “East Coker III”. Harcourt, Brace Jovanovich: NY, 1943.

p. 139 “Do not depend on the hope of results...” Thomas Merton. A letter written to James Forest, February 21, 1966. In *The Hidden Ground of Love: Letters by Thomas Merton on Religious Experience and Social Concerns*. William Shannon, editor. Farrar, Strauss, Giroux: NY, 1993.

p. 142 “In my grief...” This was in a communication received by me and others in The Berkana Institute from one of our many friends in Zimbabwe, as conditions began to deteriorate severely about 2002.

p. 146 “Lord, there is a big devil...” in *God is No Stranger: Prayers of the Haitian Mountain People*. Light Messages: Durham, NC, 2008.
www.lightmessages.com

p. 147 *The Five Strengths*. My adaptation/improvisation from the original text in *Training the Mind and Cultivating Loving Kindness*. Chögyam Trungpa. Shambhala Publications: Boston, 1993, p. 133-139.

p. 153 “We’ve known, we’ve known...” Devendra Banhart. From his song “This is the Way” on *Rejoicing in the Hands*, 2004. I encourage you to listen to this and other of his songs. Whimsical, direct, melodic and unique. www.devendrabanhart.com/music.